Course Objectives
Participants will be able to:

- Discuss the normal anatomy and physiology of the lymphatic system
- Explain the pathophysiology of primary and secondary lymphedema and related lymph system disorders
- Distinguish between lymphedema and other peripheral edemas
- Discuss the pathophysiology of secondary acute infections in individuals with lymphedema or a limb at risk for lymphedema
- Describe the components of CLT and indications and contraindications for its clinical application in managing lymphatic system disorders
- Demonstrate competence in applying the components of Complex Lymphedema Therapy (CLT) evaluation and treatment
- Design an individual CLT treatment program for individuals with primary and secondary lymphedema
- Discuss the principles and techniques for measuring and fitting for compression garments
- Describe how exercise influences lymph flow
- Perform circumferential limb girth measurements and document skin and tissue changes to document progress
- Be able to advise individuals with lymphedema or a limb at risk about risk reduction strategies, including how to modify aerobic and resistive exercises.
- Understand the impact of lymphedema on quality of life.

Pre-class home study
Participants will be provided with a 9-hour home study unit with examination by Feb. 1, 2018. Participants will mail their completed home-study examination to Ms. Lasinski by March 15, 2018. Ms. Lasinski will review them and clarify any questions on the first week of class.

Complex Lymphatic Therapy (CLT) is a method for treating lymphedema and other edemas developed by John and Judith Casley-Smith of Australia, pioneers in the field of lymphology.


The Instructor: Bonnie B. Lasinski MA, PT, CI-CS, CLT-LANA is a physical therapist who has been treating individuals with lymphatic system disorders with the Casley-Smith Method of CLT since 1992, directing one of the first comprehensive lymphedema treatment centers in the US - Lymphedema Therapy in Woodbury, LI, NY. She was the first person certified to teach the Casley-Smith Method of CLT in the US - receiving her instructor certification in 1995 in Australia. She also studied at the Foldi Clinic in Germany in 1999 and 2011. Ms. Lasinski has taught the lymphedema certification course at the University of Vermont and Sacred Heart University in Connecticut. She has lectured internationally and authored the chapter on the Lymphatic System for Pathology: Implications for the Therapist published by Saunders in 2009 and 2015. She co-authored the chapter on Lymphedema Treatment in Oxford's Textbook of Palliative Nursing, 4th ed. published 2015, revisions submitted for 2018 publication.

Complex Lymphatic Therapy
The Casley-Smith Method

April 10-26, 2018

An intensive 144 hour clinical certification course in lymphedema treatment for physiotherapists, registered nurses, physicians and occupational therapists

Instructor:
Bonnie Lasinski MA, PT, CI-CS, CLT-LANA

This course meets the standards set by the Lymphology Association of North America (LANA).

Course Language: English
Complex Lymphatic Therapy - The Casley-Smith Method

An intensive 144 hour clinical certification course in lymphedema treatment, appropriate for physiotherapists, registered nurses, physicians and occupational therapists.

Date: April 10-26, 2018

Course Location: PERFORM Centre, Concordia University
7200 Sherbrooke Street West
Montreal, QC H4B 1R6

The Instructor: Bonnie Lasinski MA, PT, CI-CS, CLT-LANA


As space is limited, registrations will be accepted on a first-come, first-served basis.

Course Registration Fees: CAD $4,000
Including course material, lunch and refreshments

Amount Enclosed: $__________________

Form of Payment:
☐ Cheque, payable to: Lymphedema Association of Quebec
☐ Credit Card: ☐ Visa ☐ Mastercard
#___________________________ Expiry________

Name_________________________________________________________

Signature_______________________________________________________

CONTACT
Organized by the Lymphedema Association of Québec
in collaboration with McGill University Health Centre (MUHC) Lymphedema Program.

For registration information, please contact:
Rachel Pritzker, Lymphedema Association of Québec
Tel.: (514) 501-7263 or (514) 979-2463
rachelp@sympatico.ca

Please send completed registration with your payment to:
Lymphedema Association of Québec
6565 Rue St. Hubert, Montreal, Quebec
Canada, H2S 2M5
or by email to:
rachelp@sympatico.ca

Refund Policy:
A handling fee of $200 is deducted for cancellation.
Refund requests must be received by mail or fax prior to January 1, 2018.
No refunds will be made thereafter, unless a replacement is found for the person cancelling. Please sign Course Terms and Conditions Form.